

February 2010



TELEVISION PROGRAM PREVIEW

A Weekly Schedule of 3ABN Programming

Schedule Intent

Program air times vary by satellite. **This schedule is for the Thaicom 5 satellite**, covering Africa, Europe, the Middle East, Asia, and the South Pacific.

Time Zones

- UTC:** Greenwich Mean Time — GMT
- UTC+4:** Moscow, Russia
- UTC+7:** Bangkok, Thailand
- UTC+9:** Tokyo, Japan

Note: All hours reflect Daylight Saving Time (DST) hours when DST is in effect.

Three Angels Broadcasting Network
+1 618-627-4651

For other schedule information, please visit our website: www.3abn.org

SUNDAY

UTC	UTC+4	UTC+7	UTC+9	
Midnt	4:00a	7:00a	9:00a	White Horse Media Presents... (Wohlberg)
12:30	4:30	7:30	9:30	Maranatha Mission Stories
1:00a	5:00a	8:00a	10:00a	Melody From My Heart
1:30	5:30	8:30	10:30	Marriage In God's Hands
2:00a	6:00a	9:00a	11:00a	3ABN Today
2:30	6:30	9:30	11:30	...continued
3:00a	7:00a	10:00a	Noon	Making Waves (Jim Ayer)
3:30	7:30	10:30	12:30	Abundant Living (Curtis & Paula Eakins)
4:00a	8:00a	11:00a	1:00p	Body & Spirit Aerobics (Dick Nunez)
4:30	8:30	11:30	1:30	Teen Pathways
5:00a	9:00a	Noon	2:00p	Janice's Attic (Janice Smith)
5:30	9:30	12:30	2:30	Kid's Time (Brenda Walsh)
6:00a	10:00a	1:00p	3:00p	Revelation Insights
6:30	10:30	1:30	3:30	...continued
7:00a	11:00a	2:00p	4:00p	3ABN Today
7:30	11:30	2:30	4:30	...continued
8:00a	Noon	3:00p	5:00p	Celebrating Life in Recovery (Cheri Peters)
8:30	12:30	3:30	5:30	...continued
9:00a	1:00p	4:00p	6:00p	Focus on God's Word (Geoff Youlden)
9:30	1:30	4:30	6:30	...continued
10:00a	2:00p	5:00p	7:00p	3ABN On the Road
10:30	2:30	5:30	7:30	...continued
11:00a	3:00p	6:00p	8:00p	NEWSTART Now ★
11:30	3:30	6:30	8:30	Books of the Book
Noon	4:00p	7:00p	9:00p	Liberty Insider
12:30	4:30	7:30	9:30	Help Yourself to Health (Agatha Thrash)
1:00p	5:00p	8:00p	10:00p	3ABN Today
1:30	5:30	8:30	10:30	...continued
2:00p	6:00p	9:00p	11:00p	Special Feature
2:30	6:30	9:30	11:30	...continued
3:00p	7:00p	10:00p	Midnt	Kids Time (Brenda Walsh)
3:30	7:30	10:30	12:30	Janice's Attic (Janice Smith)
4:00p	8:00p	11:00p	1:00a	It Is Written Mini Series
4:30	8:30	11:30	1:30	...continued
5:00p	9:00p	Midnt	2:00a	In the Beginning
5:30	9:30	12:30	2:30	...continued
6:00p	10:00p	1:00a	3:00a	Give Me the Bible
6:30	10:30	1:30	3:30	...continued
7:00p	11:00p	2:00a	4:00a	3ABN Today
7:30	11:30	2:30	4:30	...continued
8:00p	Midnt	3:00a	5:00a	Revelation Now
8:30	12:30	3:30	5:30	...continued
9:00p	1:00a	4:00a	6:00a	Body & Spirit Aerobics (Dick Nunez)
9:30	1:30	4:30	6:30	His Words are Life/Health Headlines
10:00p	2:00a	5:00a	7:00a	House Calls (John Lomacang)
10:30	2:30	5:30	7:30	...continued
11:00p	3:00a	6:00a	8:00a	Homecoming 2009
11:30	3:30	6:30	8:30	...continued

Times in red are Monday morning

MONDAY

UTC	UTC+4	UTC+7	UTC+9	
Midnt	4:00a	7:00a	9:00a	Thinking of Home
12:30	4:30	7:30	9:30	Books of the Book (Mark)
1:00a	5:00a	8:00a	10:00a	Health for a Lifetime
1:30	5:30	8:30	10:30	Battles of Faith
2:00a	6:00a	9:00a	11:00a	3ABN Today
2:30	6:30	9:30	11:30	...continued
3:00a	7:00a	10:00a	Noon	Share Him
3:30	7:30	10:30	12:30	Let's Cook Together
4:00a	8:00a	11:00a	1:00p	Body & Spirit (Dick Nunez)
4:30	8:30	11:30	1:30	Grandma's House/India: Face to Face
5:00a	9:00a	Noon	2:00p	Tiny Tots for Jesus (Linda Johnson)
5:30	9:30	12:30	2:30	Kids Time (Brenda Walsh)
6:00a	10:00a	1:00p	3:00p	Generation of Youth for Christ 2008
6:30	10:30	1:30	3:30	...continued
7:00a	11:00a	2:00p	4:00p	3ABN Today
7:30	11:30	2:30	4:30	...continued
8:00a	Noon	3:00p	5:00p	House Calls (John Lomacang)
8:30	12:30	3:30	5:30	...continued
9:00a	1:00p	4:00p	6:00p	Wonderfully Made
9:30	1:30	4:30	6:30	World of Praise (Wintley Phipps)
10:00a	2:00p	5:00p	7:00p	Amazing Adventure
10:30	2:30	5:30	7:30	...continued
11:00a	3:00p	6:00p	8:00p	Faith Chapel
11:30	3:30	6:30	8:30	Breath of Life (Walter Pearson)
Noon	4:00p	7:00p	9:00p	Up Close
12:30	4:30	7:30	9:30	...continued
1:00p	5:00p	8:00p	10:00p	3ABN Today
1:30	5:30	8:30	10:30	...continued
2:00p	6:00p	9:00p	11:00p	Action 4 Life
2:30	6:30	9:30	11:30	Let's Cook Together
3:00p	7:00p	10:00p	Midnt	Kid's Time Praise
3:30	7:30	10:30	12:30	By My Spirit (Ed Reid)
4:00p	8:00p	11:00p	1:00a	Nature's Lesson Book (Greg Evans)
4:30	8:30	11:30	1:30	...continued
5:00p	9:00p	Midnt	2:00a	Celebrating Life in Recovery (Cheri Peters)
5:30	9:30	12:30	2:30	...continued
6:00p	10:00p	1:00a	3:00a	Adventist Youth Conference 2009
6:30	10:30	1:30	3:30	...continued
7:00p	11:00p	2:00a	4:00a	3ABN Today
7:30	11:30	2:30	4:30	...continued
8:00p	Midnt	3:00a	5:00a	Revelation Insights (Lyle Albrecht)
8:30	12:30	3:30	5:30	...continued
9:00p	1:00a	4:00a	6:00a	Body & Spirit (Dick Nunez)
9:30	1:30	4:30	6:30	Digging Up the Past (David Down)
10:00p	2:00a	5:00a	7:00a	Maranatha Mission Stories (Duerksen)
10:30	2:30	5:30	7:30	Faith Chapel
11:00p	3:00a	6:00a	8:00a	Help Yourself to Health (Agatha Thrash)
11:30	3:30	6:30	8:30	Melody From My Heart

Times in red are Tuesday morning

TUESDAY

UTC	UTC+4	UTC+7	UTC+9	
Midnt	4:00a	7:00a	9:00a	Focus on God's Word (Geoff Youlden)
12:30	4:30	7:30	9:30	...continued
1:00a	5:00a	8:00a	10:00a	Breath of Life (Walter Pearson)
1:30	5:30	8:30	10:30	In the Footsteps of Paul (Tony Moore)
2:00a	6:00a	9:00a	11:00a	3ABN Today
2:30	6:30	9:30	11:30	...continued
3:00a	7:00a	10:00a	Noon	Heaven's Point of View (Hal Steenson)
3:30	7:30	10:30	12:30	Abundant Living
4:00a	8:00a	11:00a	1:00p	Body & Spirit Aerobics (Dick Nunez)
4:30	8:30	11:30	1:30	Tiny Tots for Jesus (Linda Johnson)
5:00a	9:00a	Noon	2:00p	Kid's Time Praise
5:30	9:30	12:30	2:30	Grandma's House/His Words Are Life
6:00a	10:00a	1:00p	3:00p	Variety
6:30	10:30	1:30	3:30	It Is Written
7:00a	11:00a	2:00p	4:00p	3ABN Today
7:30	11:30	2:30	4:30	...continued
8:00a	Noon	3:00p	5:00p	Issues & Answers
8:30	12:30	3:30	5:30	Bible Rx
9:00a	1:00p	4:00p	6:00p	Making Waves
9:30	1:30	4:30	6:30	Current Perspectives/Back to Nature
10:00a	2:00p	5:00p	7:00p	Homecoming 2009
10:30	2:30	5:30	7:30	...continued
11:00a	3:00p	6:00p	8:00p	ShareHim Newsmagazine
11:30	3:30	6:30	8:30	Health for a Lifetime
Noon	4:00p	7:00p	9:00p	Ten Commandments 2009
12:30	4:30	7:30	9:30	...continued
1:00p	5:00p	8:00p	10:00p	3ABN Today LIVE (repeat)
1:30	5:30	8:30	10:30	...continued
2:00p	6:00p	9:00p	11:00p	...continued
2:30	6:30	9:30	11:30	...continued
3:00p	7:00p	10:00p	Midnt	Tiny Tots for Jesus (Linda Johnson)
3:30	7:30	10:30	12:30	Kid's Time (Brenda Walsh)
4:00p	8:00p	11:00p	1:00a	Battles of Faith
4:30	8:30	11:30	1:30	Laymen's Ministries (Jeff Reich)
5:00p	9:00p	Midnt	2:00a	World of Praise (Wintley Phipps)
5:30	9:30	12:30	2:30	Books of the Book
6:00p	10:00p	1:00a	3:00a	White Horse Media Presents... (Wohlberg)
6:30	10:30	1:30	3:30	Abundant Living
7:00p	11:00p	2:00a	4:00a	3ABN Today
7:30	11:30	2:30	4:30	...continued
8:00p	Midnt	3:00a	5:00a	Carter Report
8:30	12:30	3:30	5:30	...continued
9:00p	1:00a	4:00a	6:00a	Body & Spirit Aerobics (Dick Nunez)
9:30	1:30	4:30	6:30	Current Perspectives/His Words are Life
10:00p	2:00a	5:00a	7:00a	In the Footsteps of Paul (Tony Moore)
10:30	2:30	5:30	7:30	Adventist SE Asia Projects
11:00p	3:00a	6:00a	8:00a	Marriage in God's Hands
11:30	3:30	6:30	8:30	Books of the Book

Times in red are Wednesday morning

WEDNESDAY

UTC	UTC+4	UTC+7	UTC+9	
Midnt	4:00a	7:00a	9:00a	Revelation Now (Jac Colon)
12:30	4:30	7:30	9:30	...continued
1:00a	5:00a	8:00a	10:00a	It Is Written Mini Series
1:30	5:30	8:30	10:30	...continued
2:00a	6:00a	9:00a	11:00a	3ABN Today
2:30	6:30	9:30	11:30	...continued
3:00a	7:00a	10:00a	Noon	Battles of Faith
3:30	7:30	10:30	12:30	Let's Cook Together
4:00a	8:00a	11:00a	1:00p	Body & Spirit (Dick Nunez)
4:30	8:30	11:30	1:30	Amazing Facts Presents
5:00a	9:00a	Noon	2:00p	Tiny Tots for Jesus (Linda Johnson)
5:30	9:30	12:30	2:30	Kid's Time (Brenda Walsh)
6:00a	10:00a	1:00p	3:00p	Teen Pathways
6:30	10:30	1:30	3:30	ASI Video Magazine
7:00a	11:00a	2:00p	4:00p	3ABN Today
7:30	11:30	2:30	4:30	...continued
8:00a	Noon	3:00p	5:00p	Secrets Unsealed Presents
8:30	12:30	3:30	5:30	...continued
9:00a	1:00p	4:00p	6:00p	Adventist Youth Conference 2009
9:30	1:30	4:30	6:30	...continued
10:00a	2:00p	5:00p	7:00p	In the Beginning
10:30	2:30	5:30	7:30	...continued
11:00a	3:00p	6:00p	8:00p	Keepers of the Flame
11:30	3:30	6:30	8:30	Back to Nature/His Words are Life
Noon	4:00p	7:00p	9:00p	Battles of Faith
12:30	4:30	7:30	9:30	By My Spirit
1:00p	5:00p	8:00p	10:00p	3ABN Today
1:30	5:30	8:30	10:30	...continued
2:00p	6:00p	9:00p	11:00p	Amazing Facts Presents
2:30	6:30	9:30	11:30	Health Headlines/India: Face to Face
3:00p	7:00p	10:00p	Midnt	Kids Time (Brenda Walsh)
3:30	7:30	10:30	12:30	In Search of the Truth (Charles Byrd)
4:00p	8:00p	11:00p	1:00a	House Calls (John Lomacang)
4:30	8:30	11:30	1:30	...continued
5:00p	9:00p	Midnt	2:00a	3ABN On the Road
5:30	9:30	12:30	2:30	...continued
6:00p	10:00p	1:00a	3:00a	Focus on God's Word (Geoff Youlden)
6:30	10:30	1:30	3:30	...continued
7:00p	11:00p	2:00a	4:00a	3ABN Today
7:30	11:30	2:30	4:30	...continued
8:00p	Midnt	3:00a	5:00a	Bible Alive
8:30	12:30	3:30	5:30	NEWSTART Now ★
9:00p	1:00a	4:00a	6:00a	Body & Spirit (Dick Nunez)
9:30	1:30	4:30	6:30	Books of the Book
10:00p	2:00a	5:00a	7:00a	ShareHim Newsmagazine
10:30	2:30	5:30	7:30	Heaven's Point of View (Hal Steenson)
11:00p	3:00a	6:00a	8:00a	Wonderfully Made
11:30	3:30	6:30	8:30	Laymen's Ministries (Jeff Reich)

Times in red are Thursday morning

THURSDAY

UTC	UTC+4	UTC+7	UTC+9	
Midnt	4:00a	7:00a	9:00a	White Horse Media Presents... (Wohlberg)
12:30	4:30	7:30	9:30	Adventist Frontier Mission
1:00a	5:00a	8:00a	10:00a	Praise (Kelly Mowrer)
1:30	5:30	8:30	10:30	Action 4 Life
2:00a	6:00a	9:00a	11:00a	3ABN Today
2:30	6:30	9:30	11:30	...continued
3:00a	7:00a	10:00a	Noon	Nature's Lesson Book
3:30	7:30	10:30	12:30	...continued
4:00a	8:00a	11:00a	1:00p	Body & Spirit Aerobics (Dick Nunez)
4:30	8:30	11:30	1:30	Marriage in God's Hands
5:00a	9:00a	Noon	2:00p	Kids Time Praise
5:30	9:30	12:30	2:30	Kid's Time (Brenda Walsh)
6:00a	10:00a	1:00p	3:00p	In the Footsteps of Paul (Tony Moore)
6:30	10:30	1:30	3:30	Books of the Book
7:00a	11:00a	2:00p	4:00p	3ABN Today
7:30	11:30	2:30	4:30	...continued
8:00a	Noon	3:00p	5:00p	Revelation Now (Jac Colon)
8:30	12:30	3:30	5:30	...continued
9:00a	1:00p	4:00p	6:00p	Books of the Book
9:30	1:30	4:30	6:30	Current Perspectives/India: Face to Face
10:00a	2:00p	5:00p	7:00p	Laymen's Ministries (Jeff Reich)
10:30	2:30	5:30	7:30	Digging Up the Past
11:00a	3:00p	6:00p	8:00p	Give Me the Bible
11:30	3:30	6:30	8:30	...continued
Noon	4:00p	7:00p	9:00p	Celebrating Life in Recovery (Cheri Peters)
12:30	4:30	7:30	9:30	...continued
1:00p	5:00p	8:00p	10:00p	3ABN Today
1:30	5:30	8:30	10:30	...continued
2:00p	6:00p	9:00p	11:00p	Melody From My Heart
2:30	6:30	9:30	11:30	Abundant Living (Curtis & Paula Eakins)
3:00p	7:00p	10:00p	Midnt	Kid's Time Praise
3:30	7:30	10:30	12:30	Grandma's House/Back to Nature
4:00p	8:00p	11:00p	1:00a	His Harvest is Ready
4:30	8:30	11:30	1:30	...continued
5:00p	9:00p	Midnt	2:00a	Breath of Life
5:30	9:30	12:30	2:30	Bible Rx
6:00p	10:00p	1:00a	3:00a	Secrets Unsealed Presents (Stephen Bohr)
6:30	10:30	1:30	3:30	...continued
7:00p	11:00p	2:00a	4:00a	3ABN Today
7:30	11:30	2:30	4:30	...continued
8:00p	Midnt	3:00a	5:00a	Amazing Adventure
8:30	12:30	3:30	5:30	...continued
9:00p	1:00a	4:00a	6:00a	Body & Spirit Aerobics (Dick Nunez)
9:30	1:30	4:30	6:30	Current Perspectives/His Words are Life
10:00p	2:00a	5:00a	7:00a	Special Feature
10:30	2:30	5:30	7:30	...continued
11:00p	3:00a	6:00a	8:00a	In Search of the Truth (Charles Byrd)
11:30	3:30	6:30	8:30	India: Face to Face/Health Headlines

Times in red are Friday morning

FRIDAY

UTC	UTC+4	UTC+7	UTC+9	
Midnt	4:00a	7:00a	9:00a	Central Study Hour 
12:30	4:30	7:30	9:30	...continued
1:00a	5:00a	8:00a	10:00a	Ten Commandments 2009
1:30	5:30	8:30	10:30	...continued
2:00a	6:00a	9:00a	11:00a	3ABN Today Live
2:30	6:30	9:30	11:30	...continued
3:00a	7:00a	10:00a	Noon	...continued
3:30	7:30	10:30	12:30	...continued
4:00a	8:00a	11:00a	1:00p	Discover (David Asscherick)
4:30	8:30	11:30	1:30	...continued
5:00a	9:00a	Noon	2:00p	Tiny Tots for Jesus (Linda Johnson)
5:30	9:30	12:30	2:30	Kid's Time
6:00a	10:00a	1:00p	3:00p	3ABN Today LIVE (repeat)
6:30	10:30	1:30	3:30	...continued
7:00a	11:00a	2:00p	4:00p	...continued
7:30	11:30	2:30	4:30	...continued
8:00a	Noon	3:00p	5:00p	Central Study Hour
8:30	12:30	3:30	5:30	...continued
9:00a	1:00p	4:00p	6:00p	The Carter Report (John Carter)
9:30	1:30	4:30	6:30	...continued
10:00a	2:00p	5:00p	7:00p	It is Written
10:30	2:30	5:30	7:30	Maranatha Mission Stories (Duerksen)
11:00a	3:00p	6:00p	8:00p	Everlasting Gospel
11:30	3:30	6:30	8:30	...continued
Noon	4:00p	7:00p	9:00p	In Search of the Truth (Charles Byrd)
12:30	4:30	7:30	9:30	Exalting His Word (Shelly Quinn)
1:00p	5:00p	8:00p	10:00p	3ABN Today
1:30	5:30	8:30	10:30	...continued
2:00p	6:00p	9:00p	11:00p	Faith Chapel
2:30	6:30	9:30	11:30	Books of the Book
3:00p	7:00p	10:00p	Midnt	Generation of Youth for Christ 2008
3:30	7:30	10:30	12:30	...continued
4:00p	8:00p	11:00p	1:00a	Liberty Insider
4:30	8:30	11:30	1:30	Thinking About Home
5:00p	9:00p	Midnt	2:00a	Adventist Southeast Asia Projects
5:30	9:30	12:30	2:30	In the Footsteps of Paul (Tony Moore)
6:00p	10:00p	1:00a	3:00a	Ten Commandments 2009
6:30	10:30	1:30	3:30	...continued
7:00p	11:00p	2:00a	4:00a	3ABN Today
7:30	11:30	2:30	4:30	...continued
8:00p	Midnt	3:00a	5:00a	Central Study Hour 
8:30	12:30	3:30	5:30	...continued
9:00p	1:00a	4:00a	6:00a	Keepers of the Flame
9:30	1:30	4:30	6:30	Back to Nature/His Words Are Life Nature's
10:00p	2:00a	5:00a	7:00a	Lesson Book
10:30	2:30	5:30	7:30	...continued
11:00p	3:00a	6:00a	8:00a	Worship Hour
11:30	3:30	6:30	8:30	...continued

Times in red are Saturday morning

SATURDAY

UTC	UTC+4	UTC+7	UTC+9	
Midnt	4:00a	7:00a	9:00a	Carter Report
12:30	4:30	7:30	9:30	...continued
1:00a	5:00a	8:00a	10:00a	Secrets Unsealed Presents...
1:30	5:30	8:30	10:30	...continued
2:00a	6:00a	9:00a	11:00a	3ABN Today
2:30	6:30	9:30	11:30	...continued
3:00a	7:00a	10:00a	Noon	Kid's Time Praise
3:30	7:30	10:30	12:30	Issues and Answers
4:00a	8:00a	11:00a	1:00p	Give Me the Bible
4:30	8:30	11:30	1:30	...continued
5:00a	9:00a	Noon	2:00p	Carter Report
5:30	9:30	12:30	2:30	...continued
6:00a	10:00a	1:00p	3:00p	Adventist Youth Conference 2009
6:30	10:30	1:30	3:30	...continued
7:00a	11:00a	2:00p	4:00p	3ABN Today
7:30	11:30	2:30	4:30	...continued
8:00a	Noon	3:00p	5:00p	Discover (David Asscherick)
8:30	12:30	3:30	5:30	...continued
9:00a	1:00p	4:00p	6:00p	Bible Alive
9:30	1:30	4:30	6:30	Current Perspectives/His Words are Life
10:00a	2:00p	5:00p	7:00p	Secrets Unsealed Presents...
10:30	2:30	5:30	7:30	...continued
11:00a	3:00p	6:00p	8:00p	Special Feature
11:30	3:30	6:30	8:30	...continued
Noon	4:00p	7:00p	9:00p	Praise (Kelly Mowrer)
12:30	4:30	7:30	9:30	Back to Nature/India: Face to Face
1:00p	5:00p	8:00p	10:00p	3ABN Today
1:30	5:30	8:30	10:30	...continued
2:00p	6:00p	9:00p	11:00p	Variety
2:30	6:30	9:30	11:30	Issues and Answers
3:00p	7:00p	10:00p	Midnt	Tiny Tots for Jesus (Linda Johnson)
3:30	7:30	10:30	12:30	Exalting His Word (Shelley Quinn)
4:00p	8:00p	11:00p	1:00a	Up Close
4:30	8:30	11:30	1:30	...continued
5:00p	9:00p	Midnt	2:00a	Digging Up the Past (David Down)
5:30	9:30	12:30	2:30	Wonderfully Made
6:00p	10:00p	1:00a	3:00a	Everlasting Gospel
6:30	10:30	1:30	3:30	...continued
7:00p	11:00p	2:00a	4:00a	3ABN Today Live (repeat)
7:30	11:30	2:30	4:30	...continued
8:00p	Midnt	3:00a	5:00a	...continued
8:30	12:30	3:30	5:30	...continued
9:00p	1:00a	4:00a	6:00a	Body & Spirit (Dick Nunez)
9:30	1:30	4:30	6:30	Current Perspectives/India: Face to Face
10:00p	2:00a	5:00a	7:00a	Amazing Facts Presents...
10:30	2:30	5:30	7:30	ASI Video Magazine
11:00p	3:00a	6:00a	8:00a	Inspirational Hour
11:30	3:30	6:30	8:30	...continued

Times in red are Sunday morning